

In Focus 2 - Speed Reading Unit 10

Cosmetic Surgery—Improving on Nature?

In the world today, many people think about changing the way they look. Some changes are small, like changing the color of their hair. Others are bigger, like cosmetic surgery. Cosmetic surgery is when doctors change how a person looks. This could be to fix something they were born with, like a nose they think is too big. Or it could be to change something they do not like about themselves as they get older.

Many people feel happier after cosmetic surgery. They like what they see. This can make them feel better about the way they look. For some, cosmetic surgery can be a positive change. However, not all people think cosmetic surgery is good. Some people think we should be happy with how we look. They think nature made us look a certain way for a reason. They worry that changing our looks with cosmetic surgery can cause problems. Sometimes, people do not look better after surgery. They may even look worse.

There are different types of cosmetic surgery. Some surgery changes the face. A person might change the shape of their eyes or the condition of their skin. This is to look younger. Doctors can change many things about how we look.

Doctors who do cosmetic surgery have a lot of training. They go to school for many years. They learn how to change the body in a safe way. They use special equipment and medicine. They work in clean rooms to help stop disease. Good doctors talk to their patients a lot. They want to make sure their patients understand the surgery. They want their patients to be happy with the results.

People decide to have cosmetic surgery for many reasons. Some have been in an accident and want to look like they did before. Some have parts of their body that make them feel unhappy every day. They think a lot about these parts and feel bad. Surgery can help them stop feeling bad. Others see their favorite movie stars and want to look like them. They think this will make them happy.

Cosmetic surgery is not just for women. Men have cosmetic surgery too. They might want to change their nose or make their body stronger-looking. They might want to look younger, just like women do. Cosmetic surgery is for anyone who wants to change how they look.

The choice to have cosmetic surgery is a big one. It can change a person's life. It can make them feel better or it can make them feel worse. It can be safe, but it can also cause problems. Each person must decide for themselves if the change is worth it. They must think about why they want surgery. They must think about what could go wrong. They must choose a good doctor. Cosmetic surgery can make people feel better about themselves. But it is important to remember that surgery is serious. It's a big decision. People should think carefully before deciding to change their bodies.

When you have finished, write your time in the box.

Now, go to the next page and answer the questions. **Do NOT look back at the text.**

Now, let's test your understanding of the text with some questions.

1. What is cosmetic surgery?
 - A) A type of exercise
 - B) A way to change hair color
 - C) Changing one's appearance through medical procedures
 - D) A method to lose weight

2. Why do some people feel happier after cosmetic surgery?
 - A) They feel better about the way they look.
 - B) They get smarter.
 - C) They can see better.
 - D) They become famous.

3. What do some people think about cosmetic surgery?
 - A) It is always safe.
 - B) It should not be done.
 - C) It helps people learn new languages.
 - D) It is a type of magic.

4. What are some changes cosmetic surgery can make to the face?
 - A) Changing hair color
 - B) Making lips bigger
 - C) Improving eyesight
 - D) Making teeth sharper

5. What do doctors who perform cosmetic surgery do to prevent disease?
 - A) They work in clean rooms.
 - B) They sing songs.
 - C) They prescribe exercises.
 - D) They make patients laugh.

6. Why might someone choose to have cosmetic surgery?
 - A) They were in an accident.
 - B) They want to become doctors.
 - C) They need to fix their car.
 - D) They wish to become taller.

7. Can men have cosmetic surgery?
 - A) No, it is only for women.
 - B) Yes, but it is very rare.
 - C) Yes, men can have cosmetic surgery too.
 - D) No, because it is too risky.

8. What is a risk of cosmetic surgery?
 - A) It can be very boring.
 - B) It can make a person look worse.
 - C) It can cause people to grow taller.
 - D) It can make hair grow faster.

9. According to the text, what should a person think about before deciding to have cosmetic surgery?
 - A) Their general health
 - B) Their age
 - C) The risks and reasons for the surgery
 - D) The cost

10. What is the main idea of the conclusion about cosmetic surgery?
 - A) It should be done by everyone.
 - B) It is a serious decision and should be considered carefully.
 - C) It is the easiest way to become healthy.
 - D) It is not important.